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Made by Women with Alopecia  
For Women with Alopecia

## Androgenic Properties of Birth Control Pills How to choose the right birth control pill for you

Estrogen level ethinyl estradiol (mg)	Pill Brand Name	Progestin	Dose (mg)	Androgenic properties (mg)
20 mcgm	Alesse®	levonorgestrel	0.1	0.83
	Levlite®	levonorgestrel	0.1	0.83
	Loestrin 1/20® Fe	norethindrone acetate	1	1.6
	Mircette®	desogestrel	0.15	0
	Ortho Evra® (patch)	norelgestromin	0.15	0.285
(phasic) 20/30/35 mcgm	Estrostep® Fe	norethindrone acetate	1.0/1.0/1.0	1.6/1.6/1.6
30 mcgm	Levlen®	levonorgestrel	0.15	1.245
	Levora®	levonorgestrel	0.15	1.245
	Nordette®	levonorgestrel	0.15	1.245
	Lo/Ovral®	norgestrel	0.3	0.57
	Desogen®	desogestrel	0.15	0.51
	Ortho-Cept®	desogestrel	0.15	0.51
	Loestrin® 1.5/30	norethindrone acetate	1.5	2.4
	Yasmin®	drospirenone	3	0
(phasic) 30/40/30 mcgm	Triphasil®	levonorgestrel	0.05/0.075/0.125	.415/.6225/1.0375
	Tri-Levlen®	levonorgestrel	0.05/0.075/0.125	.415/.6225/1.0375
	Trivora®	levonorgestrel	0.05/0.075/0.125	.415/.6225/1.0375
35 mcgm	Ortho-Cyclen®	norgestimate	0.25	0.475
	Ovcon-35®	norethindrone	0.4	0.4
	Brevicon®	norethindrone	0.5	0.5
	Modicon®	norethindrone	0.5	0.5
	Necon®	norethindrone	1	1
	Norethin®	norethindrone	1	1
	Norinyl® 1/35	norethindrone	1	1
	Ortho-Novum® 1/35	norethindrone	1	1
	Demulen® 1/35	ethynodiol diacetate	1	0.6
	Zovia® 1/35E	ethynodiol diacetate	1	0.6
(phasic) 35/35 mcgm	Ortho-Novum® 10/11	norethindrone	0.50/1.00	0.5/1
	Jenest®	norethindrone	0.50/1.00	0.5/1
(phasic) 35/35/35 mcgm	Ortho-Tri-Cyclen®	norgestimate	0.15/0.215/0.25	.285/.4085/.475
	Ortho-Novum® 7/7/7	norethindrone	0.50/0.75/1.00	.5/.75/1
	Tri-Norinyl®	norethindrone	0.50/1.00/0.50	.5/1/.5
50 mcgm	Necon® 1/50	norethindrone	1	1
	Norinyl® 1/50	norethindrone	1	1
	Ortho-Novum® 1/50	norethindrone	1	1
	Ovcon-50®	norethindrone	1	1
	Ovral®	norgestrel	0.5	0.95
	Demulen® 1/50	ethynodiol diacetate	1	0.6
	Zovia® 1/50E	ethynodiol diacetate	1	0.6
Highest to lowest	1.5 to 2.0	1.0 to 1.49	.5 to .99	less than .5